

Student Name: _____

Grade: _____

Teacher Name: _____

Date: _____

Assessed by: Teacher

Skills	Spatial Awareness	Body Awareness	Quality of Movement	Relationships
4 Mastered	Mastered the ability to demonstrate the knowledge of self and general space, levels, directions, pathways, and planes and apply to movement activities.	Mastered the ability to apply concepts of body awareness (body shapes, balance, transfer of body weight, flight/travel).	Mastered the ability to differentiate between the qualities of movement (time/speed, force, flow).	Mastered the ability to show relationships with objects, people, and self (identification of body parts, position of the performer to people and objects – over, under, around, through, etc).
3 Proficient	Proficient at demonstrating the knowledge of self and general space, levels, directions, pathways, and planes and apply to movement activities.	Proficient at applying concepts of body awareness (body shapes, balance, transfer of body weight, flight/travel).	Proficient at differentiating between the qualities of movement (time/speed, force, flow).	Proficient at showing relationships with objects, people, and self (identification of body parts, position of the performer to people and objects – over, under, around, through, etc).
2 Developing with Assistance	Developing with assistance the ability to demonstrate the knowledge of self and general space, levels, directions, pathways, and planes and apply to movement activities.	Developing with assistance the ability to apply concepts of body awareness (body shapes, balance, transfer of body weight, flight/travel).	Developing with assistance the ability to differentiate between the qualities of movement (time/speed, force, flow).	Developing with assistance the ability to show relationships with objects, people, and self (identification of body parts, position of the performer to people and objects – over, under, around, through, etc).
1 Beginning	Beginning to demonstrate the knowledge of self and general space, levels, directions, pathways, and planes and apply to movement activities.	Beginning to apply concepts of body awareness (body shapes, balance, transfer of body weight, flight/travel).	Beginning to differentiate between the qualities of movement (time/speed, force, flow).	Beginning to show relationships with objects, people, and self (identification of body parts, position of the performer to people and objects – over, under, around, through, etc).